

East-to-East

hosting:

  
**The Alternative**  
**INDIAN**  
TIFFINS & TAPAS  
**Tapas Thursdays**

*Local*  
*Ethical*  
*Sustainable*

**Namkin** Enjoy these with your drinks—£2.50 per bowl

Mini Papadums

Spicy Garlic Olives

Dry Roasted Masala Peanuts

Spicy Gatiya



### Tapas

Pick 3 for £15 (ideal for 1 person) or 6 for £27 (ideal for 2 people) includes our trio of chutneys. Additional chutneys charged at £2

#### Meat and fish dishes:

**Mum's Chutney Lamb** Succulent local lamb marinated in Mum's green chutney and spices. 


**Spicy Sticky Wings** Garlic, ginger and chilli oven roasted chicken wings with a maple and soy glaze  

**Goose Samosa** 'Beyond Organic' Goose meat from Goose Slade Farm, mashed potato and petit pois, chilli, and my secret mix of herbs and spices.  

**Calamari** Crispy Calamari with a spicy garlic Aioli  


#### Vegetarian dishes:

**Crispy Bhajia** Thinly sliced potato coated in a spiced non gluten flour mix and fried. 

**Onion and Vegetable Bhajia** Slithers of onion and seasonal veg coated in a spiced non gluten flour mix and fried. 

**Paneer** Paneer battered in a gram flour and spices, quick fried.   

**Beetroot Samosa:** Grated beetroot, mashed potato and petit pois, chilli, herbs and spices   

**Masala Corn on the Cob:** Roasted corn on the cob. Served with a spicy masala mix and a lemon. Use the lemon to rub as much spice on to your cob as you think you can handle 

**Papadums of the day** : All gluten and dairy free (3 per plate)  -  

### FOOD ALLERGIES and INTOLERANCES

BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY